

"Every new beginning comes from some other beginning's end."

-Seneca



The 411

FAMILY SELF-SUFFICIENCY NEWSLETTER
OCTOBER — DECEMBER 2017

From the Office

Back in 2015, when I was newly employed here, the drought was in the fore-front of my mind. What historical moments we had since then—such as the Oroville Dam evacuation.

As the last quarter of 2017 is upon us, we are in gear to end the year with big successes, whether personal or professional.

For those who are expected to graduate or have a FSS contract expiring in 2018, this is the time to ensure you will get the most of the FSS program. Contact me to review your goals and how to successfully complete the FSS program.

For more info, 530-895-4474 ext. 234.

“ I can only control my own performance. If I do my best, then I can feel good at the end of the day. ”
-M. Phelps

Tips to Finding a Job after Long-Term Unemployment

<http://learnthat.com/7-tips-for-finding-a-job-after-long-term-unemployment/>

Volunteer Today (Chico area)

Salvation Army
530-342-2199

Clean & Safe Chico
530-588-0033

Catalyst
530-343-7711

Passages
530-898-5923

Creek Nature Center
530-891-4671

Friends of the Library
530-891-2762

Computers for Classroom
530-895-4175

Dial 211
for more volunteer
opportunities
in your city.

Frustrations of trying to find a job after long-term unemployment are an all too familiar feeling. After such a long period away from the industry, depression can set in and plenty of self-doubt has time to build up within you. Fortunately, hiring managers are more understanding than ever before. A recent CareerBuilder survey found that 85% of hiring managers are more understanding of employment gaps. Here are some tips to land you in the position that you are looking for.

Take a class or become certified:
Develop/improve your skills.

Find a contract/temporary position:
Work in between when you are unemployed for financial benefit and to avoid gaps in unemployment.

Volunteer at a non-profit: Volunteer will boost self-confidence, fill in your unemployment gaps and improve character to future employers.

Follow-up on resume submission:
Send a friendly email regarding your resume submission.

Develop ideas for employer: Be a self-starter. Demonstrate your value and work ethics to an employer.

Benefits of Volunteering

<https://www.energizeinc.com/art/why-volunteer>

- Share a skill
- Know the community
- Show commitment
- Gain leadership skills
- Civic duty
- Accomplishment
- Keep busy
- Have an impact
- Learn something new
- To be challenged
- Feel proud
- Explore a career
- Gain status
- Build your resume
- Keep skills alive
- Network
- Be part of a team
- Be an agent of change

