

"Arriving at one goal is the starting point to another."
-John Dewey



The 411

FAMILY SELF-SUFFICIENCY NEWSLETTER
OCTOBER — DECEMBER 2016

From the Office

Leaves will soon morph into yellow, red, and orange. Your life can also change like the colors of the leaves.

As 2016 comes to an end, this is a great time to reflect: what did I accomplish? What changes do I want to make? What do I want to stay the same? What will I do differently in 2017?

We will find motivation to create new goals, but as quickly as 2016 came and

will soon end, 2017 will also pass by just as fast.

So I ask you, what is one FSS goal that you will keep and complete in 2017? I challenge you to be the keeper of your goals. Do not quit. Do not give up.

Please contact me if you would like to brainstorm on your FSS ITSP.

For more info, 530-895-4474 ext. 234.

“ Life can be pulled by goals just as surely as it can be pushed by drivers.

Viktor Frankl

Avoid mistakes when interviewing for a job

- Some bosses know within **90 seconds** of an interview whether they will hire you.
- Having little to **no knowledge** of the company is a common mistake.



- Majority of bosses say **no eye contact** is a common nonverbal mistake.
- First impression includes how a **person dresses, acts, and walks**.
- Most bosses indicate that **clothes** could be a deciding factor between two almost-identical candidates.
- The **number one question** most likely asked is: “Tell me about yourself”.

Free Holiday Assistance Guide (Call 211 for more info)

MEALS

Chico

- Jesus Center
- Salvation Army
- Rescue Mission

Oroville

- Rescue Mission

Paradise

- Magalia Community Church
- Salvation Army/Churches
- St. Nicholas Episcopal Church
- Alliance Church

FOOD BASKET

Chico

- Azad's Marital Arts
- Salvation Army

Oroville

- Rescue Mission
- Salvation Army

Paradise

- Salvation Army
- Feather River Hospital
- St. Thomas More Catholic Church
- Alliance Church

OTHER PROGRAMS YOU AND YOUR FAMILY AND JOIN:

- Adopt-a-Family Programs
- Angel/Giving Tree
- Toy Drives
- Low-Cost Christmas Tree
- Heating with wood/firewood permits



What You Wish You'd Known Before Your JOB INTERVIEW

Common nonverbal mistakes made at a job interview

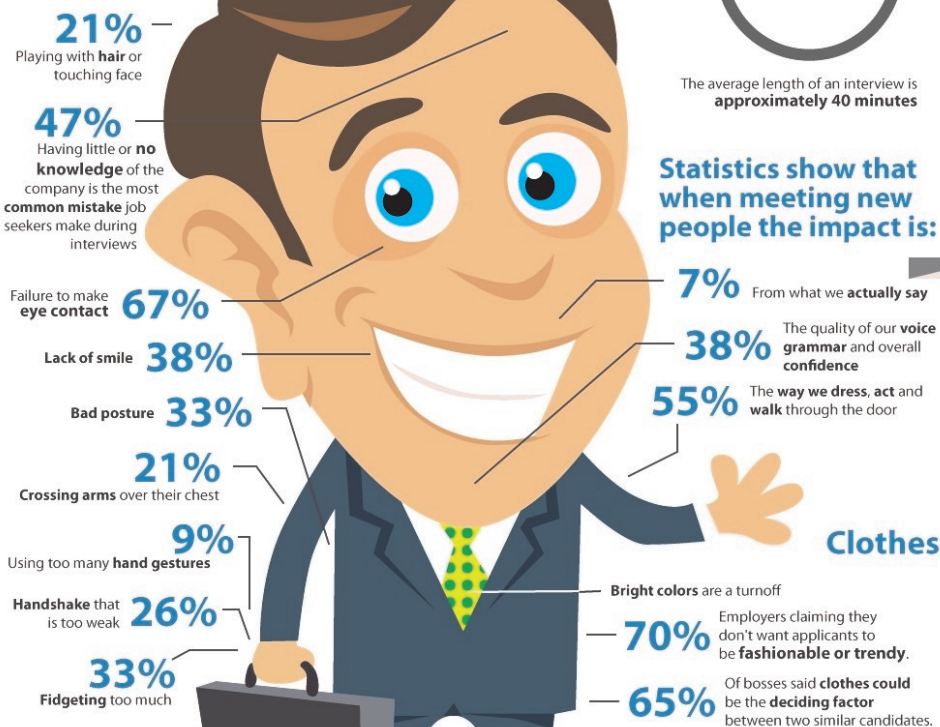
From a survey of 2000 bosses

In a survey of 2000 bosses 33% claimed that they know within the first 90 seconds of an interview whether they will hire someone



The average length of an interview is approximately 40 minutes

Statistics show that when meeting new people the impact is:



Clothes

Top Ten Most common mistakes made at a job interview

- 10 Over-Explaining Why You Lost Your Last Job
- 9 Conveying That You're Not Over It
- 8 Lacking Humor, Warmth, or Personality
- 7 Not Showing Enough Interest or Enthusiasm
- 6 Inadequate Research About a Potential Employer
- 5 Concentrating Too Much on What You Want
- 4 Trying to Be All Things to All People
- 3 "Winging" the Interview
- 2 Failing to Set Yourself Apart From Other Candidates
- 1 Failing to Ask For the Job

Most common tips about interviewing

- 4 Learn about the organization
- 3 Have a specific job in mind
- 2 Review your qualifications for the job
- 1 Be ready to briefly describe your experience
- 5 questions most likely to be asked
- 5 Tell me about your experience at _____
- 4 Why do you want to work for us?
- 3 What do you know about our company?
- 2 Why did you leave your last job?
- 1 Tell me about yourself

Interview check List

2 weeks before the interview

- Get your social security card ready. Call *Social Security* if you do not have a copy.
- Have your driver's license/identification card handy. Call the DMV if you need a duplicate license/card.
- Research the company/organization.
- Develop questions you want to ask for the interview.
- Buy or borrow a nice outfit for the interview.
- Practice answering interview questions.

Before you leave:

- Wash, put on deodorant, brush or comb hair.
- Dress appropriately.
- Do not bring gum, cigarettes, smokeless tobacco, or vapors.
- Bring your social security card.
- Bring your driver's license.
- Bring your qualifications, cover letter, or resume.
- Bring the names of at least three references, their addresses, and phone numbers (be sure to ask your references if it is okay to use their names).
- Read the job description again. Bring a copy to your interview.
- Give yourself plenty of time to get to the interview. Arrive at least 10-15 minutes early.

During the interview:

- Shake hands firmly, smile, be open and friendly.
- Answer each question concisely, respond promptly.
- Use good manners.
- Use good English, avoid slang.
- Be alert, show interest, be enthusiastic.
- Ask intelligent questions about the position and organization.
- Ask for the interviewer's business card so you'll know how to spell his/her name.

After the interview:

- Write a thank you card (use business card to correctly spell and address the card).
- Reflect. What will you do differently next time?