



# The 411

FAMILY SELF-SUFFICIENCY NEWSLETTER: JULY–SEPTEMBER

*Go confidently in the direction of your dreams. Live the life you have imagined—Henry David Thoreau*

## From the Office

As many of you are aware, over the past several years I have been filling several different roles here at the Housing Authority. I have made the hard decision to give up one of the roles I like the best—Special Programs Coordinator and focus on my responsibilities as the Section 8 Housing Manager. What that means to you is that in the very near future you will have a new Family Self-Sufficiency Coordinator. I'm positive that whom ever is hired to fill the position will be a

great resource to the program and to each of you as you travel along your path towards self-sufficiency. *I wanted to take this time to thank each of you for allowing me to become a part of your lives and sharing your dreams for the future with me.* It has been a real pleasure to work with each one of you, I applaud you for your successes and wish you the very best in the years to come. Remember, stay focused, stay positive, and be happy!

Learn from the past, set vivid, detailed goals for the future, and live in the only moment of time over which you have any control: now.

~Denis Waitley

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## Career Trends for 2014



If you're hoping this will be the year you land the job you've always wanted, check out these 2014 job search trends published in Parade magazine:

**1. You'll need to become more tech-savvy.** We're not just talking about updating your LinkedIn profile or tweeting a few times a day. This year the job search is going to become more digital than ever. In 2013, we saw the rise of the mobile job search, and it's only going to take off from here. Make sure you have perfected an electronic version of your resume that can be easily submitted to employers. This will ensure that you're prepared for any opportunity that comes your way. **2. Freelancing and working remotely will**

**be normal.** Employers are beginning to discover that talented employees don't necessarily have to work in a traditional work setting. Companies are recruiting people from all over and are also giving them the option to work from home. In addition to working remotely, more people will choose to freelance their services. **Within the next 10 years, 40 percent of American workers are going to be freelancing.** Whether it's freelancing full-time or supplementing full-time work, this type of work is going to be a popular choice of employment for American job seekers. **3. There's going to be a shift in the workplace.** The workforce has finally reached the point where many baby boomers are retiring and Millennials are filling their positions. Within the next five years, 18 percent of baby boomers will retire, which will have a major impact on the workforce. As a Millennial job seeker, you're going to have to focus on your reputation and what you can bring to the

table as a young employee. **4. Your electronic footprint will determine your employment.** There is going to be more emphasis on your online presence this year. Employers are routinely checking social media platforms and researching candidates online. Not only is your electronic footprint going to matter during your job search, but the way you use technology will have an impact, too. Employers are going to take advantage of mobile apps and video interviews to screen the best candidates for their company. Make sure you know to present yourself on these platforms as well as social media in order to land a job. **5. Your job search will be continuous.** Regardless of your current employment status, your job search will be on-going. People are always looking for new jobs and opportunities, even if they are gainfully employed. Use your time wisely to chase after your dreams.

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# Community Corner

*The Shalom Free Clinic has moved and is now located in the Fireside Room of the First Christian Church, 295 E. Washington Avenue, Chico.*

The Shalom Free Clinic will see patients for sore throat, ear ache, colds and flu, chronic headaches, minor trauma (if a fracture is suspected you will be referred to the Emergency Room), gastroenteritis, chronic low back pain (but not severe pain that could be due to a severe underlying problem), urinary tract infections, asthma and bronchitis, and cellulitis if it can be treated as an outpatient. Referrals will be provided, as needed.

The Shalom Free Clinic also provides the following services: smoking cessation, medication management, blood pressure control, health screenings, health education, primary care interventions, drug and alcohol interventions, mental/behavioral health counseling, prescriptions and medications.

Other walk-in services are available: Nutrition counseling every Sunday; Acupuncture on the 1st Sunday of the month. Reiki is offered 2nd & 4th Sundays; Energy balancing available every 2nd Sunday of the month with Gayle Kimba.

## Program Contact

### Monthly

Please remember to contact the FSS Office monthly in person, by telephone or email monthly to report your progress towards program goals.

### Quarterly Reports:

Quarterly family Reports for the time period April –June 2014 have been mailed. Please take the time to complete and return no later than *August 1, 2014*.

## 2014 Class Schedules Reminder

All students enrolled in institutions of higher education or career technical training, please remember to turn in a copy of your *Fall 2014* class schedule to the FSS office once registered.

## Summer Time Fun-Downtown Chico

**SLICE OF CHICO**  
A SUMMERTIME TRADITION  
SATURDAY, JULY 12TH  
BEGINS AT 9AM  
*Great shopping,  
hot prices and*  
**FREE WATERMELON**  
*Ice Cold*

**4TH of July**  
**CELEBRATION**  
**FRIDAY NIGHT CONCERT**  
*Featuring*  
**THE ALTERNATORS**  
6-9 PM · CITY PLAZA

## NO-COST RESOURCES

**Credit Counseling**  
891-4124

**Legal Services**  
345-9491

**PG&E Care Program**  
(866) PGE-CARE

**Independent Living Services**  
893-8527

**Clipper**  
342-0221

**CLIC**  
898-4354

**Catalyst**  
895-8476