



# The 411

FAMILY SELF-SUFFICIENCY NEWSLETTER— APRIL– JUNE 2015

*Go confidently in the direction of your dreams. Live the life you have imagined—Henry David Thoreau*

## From the Office

Spring is officially here! It's a great opportunity to get out, take a walk and enjoy some sunshine. If you're lucky you will catch some of the great trees that bloom in Butte County like the Almond and Dogwood, they are my favorite. Walking is known to have health benefits such as relief from depression, lowering risk of heart disease, osteoporosis, and dementia. The best part is it's pleasant, enjoyable and clears the mind for new ideas. Many of you are very busy, here are some important program reminders:

Those of you enrolled in spring semester classes, please forward a copy of your class schedule to the FSS office. For those of you not working or attending school yet, you are required to fill out the monthly FSS Work Search Log and turn it in to the office at the end of each month. If you are out of forms, contact me and I will mail some to you. I have sent out the family quarterly report for January-March and look forward to seeing how each of you is doing personally.

*Office contact: 895-4474, ext. 234 or email: [stephanieg@butte-housing.com](mailto:stephanieg@butte-housing.com)*

*Great victories are won when ordinary people execute their assigned tasks.— Philip Yancey*

---

## Career Trends for 2015

It's turning into a job-seekers' market as unemployment continues to drop. The unemployment rate in November was 5.8 percent, and the Federal Reserve Board issued a projection this fall that estimated the rate could fall to below 5 percent in 2017. As companies battle to find top talent in a tight market, it will still be important for anyone looking for a job to make every effort to stand out in 2015.

**Create good work habits:** By practice and more practice. Do something every single day, for 30 minutes or 5 hours but keep working on it.

**Get inspired:** View everything as an opportunity. Take chances and try new things. Venturing outside of where you're comfortable will help you find inspiration. If you're still stuck, find a hobby or cause you believe in.

**Don't listen to self-doubt:** There are plenty of people in the world who will tell you that you aren't good enough, that you don't have what it takes to be successful. Don't allow yourself to be one of them.

**You are who you know:** We tend to pick up the habit of the people around us. These people can either lift us up or pull us down, so it's important to choose your friends

wisely and try to surround yourself with people who are more successful than you.

**Work to overcome fears** that hold you back: If there are things that you know are holding you back, like shyness of lack of computer skills, actively work to correct them. Sign up for a public speaking class or computer course at the local community college.

Good work habits that you develop and the willingness to do the work every single day will get you to where you want to be!

---

## Community Corner

# Computers for Classrooms

Computers for Classrooms, Inc. which provides refurbished Computers for California Schools and People in Need, also provides: free pick-up, Blancco wipe of all hard drives, asset tracking, audit trail for wipe or destruction of hard drives and 21 years experience of receiving state donations. They are the remaining program in the initial Computers for Schools projects.

They have placed thousands of computers in California Schools since 1991. Ask for our Donor Packet for further information.

Drop-offs are in front by the roll up door. Just ring the bell and the warehouse staff will gladly accept your donations. Volunteers and those wishing to purchase systems should go to the front door. Hours remain the same – 9:00

to 5:00 weekdays. They are just north of the UPS facility on Otterson: 411 Otterson Drive Chico, CA 95928, call (530) 895-4175.



### Program Contact

#### Monthly

Please remember to contact the FSS Office monthly in person, by telephone or email monthly to report your progress towards program goals.

#### Quarterly Reports:

Quarterly family Reports for the time period January –March 2014 have been mailed. Please take the time to complete and return no later than *April 15, 2015*.

#### FSS Participant Openings:

Do you know someone who is currently on the Housing Choice Voucher Program? Would they be interested in the benefits of the FSS program and Escrow Account? Please have them call me to set up an orientation meeting.

Stephanie Gibbs, Special Programs Coordinator  
(530) 895-4474 ext. 234

## Events



**Annual Chico Kite Day:** Watch the sky dance with fun and imaginative kites. Event is free to all! Saturday–March 29th 12:00 to 4:00pm at Community Park, Chico.

**NORCAL Yo Yo Contest:** Enjoy a classic past-time by watching young competitors fling & spin their yo-yos with eye popping and mesmerizing tricks. Saturday–April 11th 11–3pm Chico Toy Museum.

**Annual Children's Faire:** Features free activities & resources for children of all ages! Saturday–April 18th 10–2pm at Chico City Plaza.

**Friday Night Concert:** The concerts, a cherished summertime tradition, are held weekly (May 8 – Sept. 11) and are widely considered Chico's best place to hear live, local music for free. The concerts offer entertainment to suit every musical preference – styles range from blues to swing and from Classic

### No-Cost Resources

**Legal Services**  
345-9491

**PG&E Care Program**  
(866) PGE-CARE

**Independent Living Services**  
893-8527

**Clipper**  
342-0221

**CLIC**  
898-4354

**Catalyst**  
895-8476